The theory of theory A theoretical guide to writing your own theoretical physics paper

(special 'black holes as dark matter' worked solutions included)

Zachary S. C. Picker



An easy three-step guide

Learn broadly
 Follow the flaw flow form
 Accept rejection

1. Learn Broadly

Learn Broadly (or find a supervisor who does...)

Unfortunately, they have done a lot of physics in the 1000+ years before you were born

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(This step might take a while)













For example

how much do you have to know to answer:

Can black holes be dark matter?

Let's see...

There's evidence for dark matter at every* scale

smaller scale



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larger scale



Globular clusters (velocity dispersion)

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Globular clusters (velocity dispersion)





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larger scale

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larger scale

Galaxy rotation curves rotational velocity [km/s] measured 200-Globular Galaxy clusters clusters (lensing, galaxy (velocity velocities, gas 50000 100000 dispersion) distance from center (light years) temperature)

Globular clusters (velocity dispersion)



<u>larger scale</u>

Structure formation



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Particles

Modified gravity

Compact objects

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'Weakly interacting massive particles' (WIMPS)

- ~weak boson scales
- Increasingly excluded



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 - increasingly unpopular...



Particles

Modified gravity

Compact objects

'Weakly interacting massive particles' (WIMPS)

- ~weak boson scales
- Increasingly excluded
 - increasingly unpopular...
- May be motivated by supersymmetry
 - But maybe not



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Particles

Modified gravity

Compact objects

'Axions'

- Needed to 'clean up' strong force problems
 - (only on yellow band)



Particles

Modified gravity

Compact objects

'Axions'

- Needed to 'clean up' strong force problems
 - (only on yellow band)
- Red: helio/halo-scopes
 - And light-shining-
 - -through-walls
- Green: astrophysics
- Blue: early universe



Particles

Modified gravity

- General relativity is incredibly well-tested
 - Still, it *should* be modified (quantum mechanics, etc)



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Other objects

Particles

Modified gravity

- General relativity is incredibly well-tested
 - Still, it *should* be modified (quantum mechanics, etc)
- Goal: write a more complicated version that limits to GR
 - And explains dark matter
- Attempts: can't quite explain all the observations...



Particles

Modified gravity

Other objects



- Black holes
 - Schwarzschild' metric is oldest
 GR solution
- Stellar remnants
- Exotic things...
 - Eg Axion stars?
 Weird lumps?
 Dyson spheres?
 (not really)



...the black hole is the only one that definitely exists though



The black hole is the only one that definitely exists though

What kind of stars could make these black holes?

- 'Pair-instability' supernova destroys them
- Mergers?
- Or maybe... primordial?



LIGO-Virgo-KAGRA | Aaron Geller | Northwestern

Could 'primordial' black holes be dark matter?



Could 'primordial' black holes be dark matter?



Plot by Bradley Kavanagh 31/37

Hawking evaporation

• Black holes have temperature:

 $T_{\rm H} = \frac{\hbar c^3}{8\pi G k_{\rm B} M}$

- If they radiate too much, we would see in:
 - CMB shape
 - Gamma rays
 - Cosmic rays



Plot by Bradley Kavanagh 32/37

Could 'primordial' black holes be dark matter?



Gravitational Waves

• Binaries form in early universe



• Many could coalesce today



Plot by Bradley Kavanagh 34/37

Accretion

- Gas falls onto black holes and heats up
- X-rays, radio, etc



Dynamical

- Black holes disrupt big structures
 - 'Heat up' star clusters
 - Break up wide binary stars



You could have a PBH spectrum though

Every time the universe gets colder than a particle, it gets easier to make PBHs



End up with spectrum which could explain LIGO and evade constraints...



Carr, Clesse, Garcia-Bellido, Kuhnel 2020

So—we have (finally) gotten up-to-date on the question, 'Can black holes be dark matter?'

I'll let you decide the answer...

But we're here to write a paper

2. The flaw flow form

1. Flaw

2. Solution

3. Effects

(4. Repeat as necessary)

Flaw: Schwarzschild black holes are in empty space (but the early universe is not empty)



Primordial black holes can't be Schwarzschild BHs...

THE HYPOTHESIS OF CORES RETARDED DURING EXPANSION AND THE HOT COSMOLOGICAL MODEL

Ya. B. Zel'dovich and I. D. Novikov

Translated from Astronomicheskii Zhurnal, Vol. 43, No. 4, pp. 758-760, July-August, 1966 Original article submitted March 14, 1966

The existence of bodies with dimensions less than $R_g = 2GM/c^2$ at the early s pansion of the cosmological model leads to a strong accretion of radiation by If further calculations confirm that accretion is catastrophically high, the hyp cores retarded during expansion [3, 4] will conflict with observational data.

BLACK HOLES IN THE EARLY UNIVERSE

B. J. Carr and S. W. Hawking

(Received 1974 February 25)

SUMMARY

The existence of galaxies today implies that the early Universe must have been inhomogeneous. Some regions might have got so compressed that they underwent gravitational collapse to produce black holes. Once formed, black holes in the early Universe would grow by accreting nearby matter. A first estimate suggests that they might grow at the same rate as the Universe during the radiation era and be of the order of 10^{15} to 10^{17} solar masses now. The observational evidence however is against the existence of such giant black holes. This motivates a more detailed study of the rate of accretion which shows that black holes will not in fact substantially increase their original mass by accretion. There could thus be primordial black holes around now with masses from 10^{-5} g upwards.

2. Solution:The *Thakurta metric*is a simple cosmological black hole



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3. Effect: Thakurta black holes do not form binaries

Schwarzschild PBHs:

After ~few thousand years



Many of these coalesce ~today

Thakurta PBHs:

After ~few thousand years



3. Effect 2: LIGO bounds disappear...



4. Keep flawing on: what other constraints happen in the early universe?

(a hint:)



Thakurta black holes evaporate extremely rapidly



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3. Accept rejection

3. Accept and/or reject rejection

3. Accept and/or reject rejection and/or acception

Accept rejection

Accept rejection

Therefore, at this time, I cannot recommend publication.

These comments suggest that the present manuscript is not suitable for publication in the Physical Review. We regret to inform you that your submission JCAP_042P_0321 has not been accepted for publication in JCAP Dear Dr Picker, I am sending to you the two reports. As you will see one says reject and one gives you a reprieve. My issues with this manuscript remain, so I cannot recommend I, therefore, recommend not to accept this manuscript, a publication. On the basis of the resulting report, it is our judgment that the paper is unsuitable for publication in Physical Review Letters. we very much regret that we cannot publish your paper Given my skepticism on the very use of such an approach, very unfort nately I can't recommend the paper for publication. Of course, the authority may be disappointed by my verdict and find it unjust. In this case the pap UU

Reject rejection

Reject rejection

I have indeed lodged a formal appeal. The referee's statement and accusations are patently false---the papers there are cited in my manuscript, and discussed at some length (see, sec. II.b.).



Accept acception

not bad

Eliminating the LIGO bounds on primordial black hole dark matter	#7
Céline Boehm (Sydney U.), Archil Kobakhidze (Sydney U.), Ciaran A.J. O'hare (Sydney U.), Zachary S.C. Pic	ker (Sydney U.), Mairi
Sakellariadou (King's Coll. London) (Aug 24, 2020)	
Published in: JCAP 03 (2021) 078 • e-Print: 2008.10743 [astro-ph.CO]	
🔓 pdf 🔗 DOI 🖃 cite	

Reject acception?

Reject acception?



To summarize:

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Learn broadly Follow the flaw flow form Accept and/or reject rejection

For example, we plowed through all of

- Dark matter
- Gravity
- Black holes
- Primordial black holes

Just to get to something new!

To summarize:

Learn broadly Follow the flaw flow form Accept and/or reject rejection

For example, we

- Realized you need a different black hole in the early universe
- Showed that there were serious effects from changing models
 - No binaries and quick evaporation

To summarize:

Learn broadly
 For example, we
 Got rejected a lot
 Accept and/or reject rejection and/or acception



goodbye

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Thakurta black holes

• Misner-sharp mass:

$$= ma(t) + \frac{H^2 R^3}{2Gf(R)} \qquad \qquad f(R) = 1 - 2Gma(t)/R$$

$$R_{\rm b} = \frac{1}{2H} \left(1 - \sqrt{1 - 8HGma(t)} \right) \approx 2ma$$

• Surface gravity:

$$\kappa = \frac{1 - 2\left(\frac{\partial}{\partial R}M_{\rm MS}(R_{\rm b})\right)}{2R_{\rm b}}$$

$$T=\kappa/2\pi$$

• Source:

$$T_{\mu\nu} = (\rho + P) u_{\mu}u_{\nu} + g_{\mu\nu}P + q_{(\mu}u_{\nu)}$$
$$q_{\mu} = (0, q, 0, 0) ,$$
$$u_{\mu} = (u, 0, 0, 0) .$$

Bonus: thakurta binary formation plot



Bonus: thakurta hawking radiation plot

